



**ARLINGTON
BRANCH REPORT
AAUW OF VIRGINIA**

March/April 2019
Newsletter
Volume 75, issue 4

MESSAGE FROM CO-PRESIDENTS

Arlington, VA Branch Annual Meeting Business Meeting at AAUW

March 16, 2019, at Arlington Central Library.
The program on the Equal Rights Amendment which will begin at 1 pm is described on page 1 of this newsletter. **Our business meeting will take place immediately** after the questions and answers following this program.

The business meeting following at 2:30 will include these items:

- Approve Minutes from 2018 Annual Meeting
- Receive the Annual Financial Report for FY 2017-18
- Elect Officers for terms beginning July 1, 2019 through June 30, 2021
- Approve Bylaws changes

The official announcement of the Annual Meeting, with the respective documents for each of these items of business, were sent by email on or before February 24th. This is 20 days in advance, as required by our Bylaws.

We look forward to seeing as many as possible of you at the Annual Meeting.

Carol Dabbs and Meg Tuccillo,
Co-Presidents, AAUW Arlington, VA Branch

ANNUAL MEETING

Saturday, March 16, 2019

Important Annual Business Meeting of the AAUW Branch in Arlington, Virginia, **AND** we'll get a closer look with an expert, **Julia Tanner** about -**Where the Equal Rights Amendment is headed**

Julia is founder of the Virginia Equal Rights Coalition which works with VA ratify ERA for ratification of the ERA. She is chair of the Arlington League of Women

Voters' ERA Committee.

The state legislative session concluded at the end of February so **Julia** can tell us what happened in the push to secure Virginia's support for ratification and where the proposal goes next.

Julia's talk will begin at Arlington Central Library at 1:00 p.m. March 16 in collaboration with the **Arlington League of Women Voters**. AAUW and the LWV have strongly supported ratification of the ERA amendment which is now getting a renewed push. Just after **Julia's** talk, (see schedule below) the Arlington branch of AAUW will have a brief Annual Meeting including the election of new officers for the 2019/2021 term.

Schedule

12:30-1:00 – Set-up and Social

1:00 -2:30 - **Julia's talk about the ERA, which is open to the public.**
We encourage you to bring friends.

2:30 - 3:00- The business meeting. **A quorum is necessary for voting.**

3:00-3:30 – Clean-up

2019 PROPOSED BYLAWS CHANGES, AAUW ARLINGTON, VIRGINIA BRANCH

CHANGES REQUIRING A VOTE: OFFICER DUTIES, ELIMINATE AAUW FUNDS OFFICER:

ARTICLE IX, Section 2, Sub-section c:
Other Elected Officers.

THE ELECTED OFFICERS OTHER THAN PRESIDENT SHALL PERFORM SUCH DUTIES AS THE PRESIDENT AND BOARD SHALL DIRECT, INCLUDING THE FOLLOWING.

(3) Treasurer. The Treasurer shall be responsible for (i) collecting, distributing, and accounting for the funds of the Affiliate; (ii) for meeting specific deadlines established by AAUW, the state and Affiliate; (iii) collecting dues and promptly remitting them to AAUW and state including submitting to AAUW all qualifying applications for new memberships; (iv) issuing checks in payment of expenses and other items provided for in the budget or verified by the President upon receipt of appropriate supporting records; (v) sending, and working with the AAUW Funds Officer as necessary to send, Affiliate and Individual Member donations to AAUW Funds; (vi) presenting the estimated budget for the

next fiscal year to the Board for approval; (vii) presenting the final financial statement to the Board for the prior fiscal year in which the Treasurer served; (viii) providing such records as are necessary for a financial review at the end of her term(s); and (ix) ensuring compliance with AAUW policies and IRS regulations.

(4) Assistant Treasurer. The Assistant Treasurer shall (i) maintain the Affiliate membership database, updating it as necessary, (ii) produce and distribute a Directory of member information at least annually, and (iii) manage the branch website and social media presence.

(5) Secretary. The Secretary shall (i) record and keep minutes of all business meetings of the membership, the Board, and the Executive Committee, and any action taken by the Board or Executive Committee without a meeting; (ii) have available for reference at all meetings a copy of the Affiliate bylaws and a list of its officers, representatives of areas of interest, task force and committee chairs and Individual Members; (iii) have charge of such correspondence of the Affiliate as is delegated by the President or the Board of Directors; (iv) keep on file all communications received and copies of all

letters sent; (v) [send to the membership a monthly update about branch and related activities](#); and (vi) perform such other duties as are requested by the President or the Board of Directors.

Sub-section d: Appointed Officer.
The appointed officer shall perform such duties as the President and Board shall direct, including the following.

(6) Public Policy Officer. The Public Policy Officer works with the other officers and membership of the branch to further AAUW Public Policy goals in the county. She works in cooperation with the AAUW Virginia Public Policy chair. Frequently, local events are coordinated with other groups working on the same issues.

(7) AAUW Funds Officer. The AAUW Funds Officer oversees efforts to maximize the impact of philanthropic development and donor stewardship; ensures compliance with AAUW policies and IRS regulations;

helps branch meet fundraising goals; and integrates fundraising into other priority branch activities.

CLARIFYING CHANGE, DOES NOT REQUIRE A VOTE:

When those who have not paid dues are dropped from national rolls:

ARTICLE IX. FINANCIAL ADMINISTRATION

Section 3. Affiliate and State Dues.

b. Payment. Affiliate dues payment procedures shall be established by the Affiliate's board policy. Affiliate dues shall be payable as follows:

(2) Due Date. Dues of continuing Individual Members are payable on or before July 1. After notification of nonpayment, an Individual Member whose dues remain unpaid after November 30 will be dropped from the national membership list.

**2019 AAUW Arlington Branch
Nominating Committee Report
Candidates for Office**

President: Carol Dabbs (continuing, term expires 2020)

*VP for Programs: Chioma Eni and Meg Tuccillo to co-chair position (2019-21)

*VP for Membership: Michele Mildren (2019-21)

Treasurer: Chris White (continuing, term expires 2020)

*Assistant Treasurer: Teri Doxsee (2019-21)

Secretary: Terry Bratt (continuing, term expires 2020)

Positions with an * will be voted on at the March 16, 2019 Annual Meeting

International Coffee Meeting



On Wednesday, March 13 we are meeting at **Juanita Cullen's** to celebrate St. Patrick's Day. Her address is: 1405 Beulah Rd., Vienna, VA 22182. Her phone # is: 703-759-5112. **It will be from 10 a.m. to 12 noon.**

On Wednesday, April 10 we are having a **private tour** at **Meadowlark Botanical Gardens**. It will be from 10 a.m. to 12 noon and everyone will be asked to **bring some finger food**. Coffee, Hot Water, and bottled cold water will be available. It will be rain or shine. If it rains, a slide presentation will be shown inside the bldg. **The address is: 9750 Meadowlark Garden Ct., Vienna, VA 22182**

Priscilla Becker

March 21, 2019 - Thursday LUNCH BUNCH

The next Arlington Branch AAUW Lunch Bunch is scheduled for from 12:40 to 1:20 p.m. The meeting will take place at the Arlington Community High School located at 800 South Walter Reed Drive in Arlington. We meet in room 115. **Elizabeth Stone**, a motivational speaker and award winning (top 40 under 40 in the US) young Realtor in Northern Virginia, is the featured speaker. **Elizabeth** will provide a powerful message on the importance and power of positive thinking and how to prevent adverse circumstances from diminishing your accomplishments.

Please note that the **April Lunch Bunch date** has changed from the traditional third Thursday of the month **to April 25**, due to a conflict with Spring Break. Be sure to mark your calendars.

In supporting **our theme, "Finding Your Voice,"** our **February 28** presenter was **Veronica Goff**, a Health and Physical Education teacher at the Arlington Public Schools Career Center. Her presentation focused on introducing our Lunch Bunch members to mindful practices like meditation that can lead to self-awareness and sensory calm to replace impulsive reactions with thoughtful responses.

Mariana Velazquez, a Youth Therapist at the Revive Counseling Program, was our guest

speaker on **January 17**. **Mariana's** presentation offered our young ladies the opportunity to share and learn about challenges, strategies and outcomes in developing healthy and helpful relationships. **Mariana** introduced our girls to services and resources available to them through the Revive Counseling Program, which is dedicated to creating pathways out of homelessness, domestic violence, and sexual assault to safe and stable lives. Additional information can be had at www.DoorwaysVA.org.

Thank you to the following members for volunteering to support the Lunch Bunch program: **Debby Churchman, Teri Doxsee, Betty Dunn, Betsy Marron, Susan Nelson, Patricia Sanguinetti (Counselor ACHS), Susan Senn, Barbara Thompson (Principal ACHS)** and **Arlene Wilson**. We welcome you to join us in this very rewarding of the Arlington Branch AAUW. Email us if you would like to join us in this endeavor.

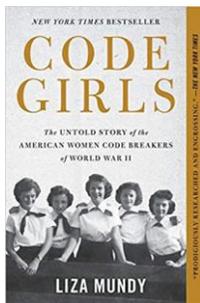
Mary Ann Ullrich
maryann.ullrich.va@gmail.com
703-573-2002

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703-244-5151



Let's talk about BOOKS

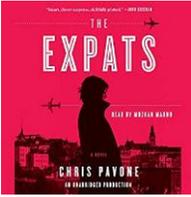
Our March meetings



On **March 20**, at 2 pm we'll have our first March meeting. It will be on the Third Wednesday, Mar 20, 2 pm at the home of **Sharon Schumacher**, 3800 Fairfax Dr, Apt 1006, Arlington, VA 22203, 703-522-9014, sgs1006@comcast.net

On **March 26** at 2 pm, the Fourth Tuesday we'll meet at the home of **Barbara Gallagher**, 5100 Fillmore Ave, Apt 509, Alexandria, VA 22311, 703/243-1043, bgallag2@gmail.com. Our **book selection for March** is **Code Girls** by Lisa Mundy.

Our April meetings



On April 17 at 2pm we'll have our first April meeting the home of **Terry Bratt**, 111 N Edison St, 703/525-4264, theresabratt@gmail.com

On April 23, the fourth **Tuesday, Apr 23** at 2 pm at the home of **Vivian Kallen**, 2705 N Upshur St, 703/525-7053, viviankallen311@gmail.com.
Our **book selection for April** is ***The Expats*** by Chris Pavone.

AAUW Monthly Meeting, April 15th, 2019: 7:00- 8:30 pm

Location: TBD



Ready to learn about **Nutrition and the role it plays in maintaining brain health?** Join your fellow AAUW colleagues in an evening with Cathy Turner!

Cathy Turner is the Director of Health Promotion and Senior Health at Virginia Hospital Center where she has worked for over 25 years. An ACE Certified fitness instructor, Cathy earned her undergraduate degree from University of Richmond and her Master's Degree in Health Fitness Management from The American University. She serves as the Director of Health Promotion and Senior Health at Arlington's very own Virginia Hospital Center.

Cathy serves on the Northern Region Board of the Virginia Foundation for Healthy Youth and is on the planning committee for the Washington Area Wellness Coalition. In addition. She represents the hospital on the Northern Virginia Falls Prevention Alliance. For the past ten years Cathy has sat on the National Advisory Board for Philips Lifeline. Cathy gives lectures on a variety of wellness topics to community groups and corporations throughout the area and teaches several types of fitness classes.



AAUW of Virginia State Conference
Saturday, April 6, 2019
With activities Friday, April 5, 2019
Roanoke Valley
At the Vinton War Memorial, Vinton, VA
Vinton, VA

HOW TO REGISTER

Registration can be completed online on the AAUW of VA website: <https://aauw-va.aauw.net/>
Select CONFERENCE from the navigation bar at the top of homepage.

Registration can also be done by mail with payment by check. Send Registration Form and check payable to AAUW-VA to: Judy Goodwin, 3132 Clayview Circle, Salem, VA 24153
ATTN: AAUW Conference

Note from the Editor

To Arlington AAUW members,

My thanks to each of you for your assistance in getting our newsletters out these last three years. I leave you in very capable hands with **Debby Churchman**.

Sincerely,

Cece Michelotti

*Any articles for publication should be emailed to Editor, **Debby Churchman** using: dchurchm@yahoo.com with the SUBJECT line: Newsletter by May 15, 2019*

Thanks to each person who has submitted pieces in the past. Your care in writing and promptness in sending are greatly appreciated.

DIVERSITY

In principle and in practice, AAUW values and seeks an inclusive membership, workforce, leadership team, and board of directors. There shall be no barriers to full participation in this organization on the basis of age, disability, ethnicity, gender, gender identity, geographical location, national origin, race, religious beliefs, sexual orientation, and socioeconomic status.

MISSION OF AAUW

Advancing equity for women and girls through advocacy, education, philanthropy and research.

<http://arlington-va.aauw.net/>