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ARLINGTON BRANCH REPORT AAUW OF VIRGINIA

Jan. / Feb. 2019 Newsletter
Volume 75, issue 3

HERE'S OUR AAUW CALENDAR THUS FAR FOR 2019

January, 2019 - **NO INTERNATIONAL COFFEE MEETING THIS MONTH**

January 14, Monday - **MONTHLY ARLINGTON AAUW Meeting**

January 16, Wednesday - **LET'S TALK BOOKS Meeting**

January 17, Thursday - **LUNCH BUNCH meets**

January 22, Tuesday - **LET'S TALK BOOKS Meeting**

February 11, Tuesday - **SNOW DATE FOR JAN. 14 AAUW MEETING**

February 13, Wednesday - **INTERNATIONAL COFFEE MEETING**

February 20, Wednesday - **LET'S TALK BOOKS Meeting.**

February 21, Thursday - **LUNCH BUNCH meets**

February 26, Tuesday - **LET'S TALK BOOKS Meeting**

March 16, Saturday - **AAUW Meeting**

April 6, Saturday - **AAUW VIRGINIA STATE CONFERENCE**

HERE ARE THE IMPORTANT DETAILS FROM THE 2019 CALENDAR

January, 2019 - **NO INTERNATIONAL COFFEE MEETING THIS MONTH**

January 14, Monday - **Our monthly AAUW Meeting** will be at Arlington Mill Community Center at 7 p.m. Room 527 with socializing before and after the meeting which is open to the public.

This meeting will feature two incredible Arlington women who have started **AWE – Awesome Women Entrepreneurs** for women who run their own business. Starting in Arlington the organization is expanding around the country.

The founders, **Karen Bate** and **Evelyn Powers**, will explain to us how they got started and the enthusiastic reception the organization has gotten.

AWE brings together women at any stage in business development to share ideas and give each other support. Members are in design, health, tech, legal, marketing and real estate, finance and many more professions.



At our January meeting we will be socializing before and after the meeting.

If there is snow or other poor weather conditions the meeting will be held February 11, same place and time. **Karen** and **Evelyn** have said they can present AWE on both dates. We look forward to meeting them.

January 16, Wednesday - **LET'S TALK BOOKS Meeting** - Our first January meeting will be on the Second Wednesday, Jan 16, 2 pm at the home of **Marjorie Hobart**, 900 N Taylor St., #925, Arlington, VA 22203, 703/527-4647, marjhobart@aol.com. Our book selection for January is

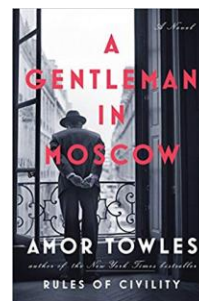
A Gentleman in Moscow by **Amor Towles**.

Be sure to let the **hostess** know if you will be attending the session at her home.

Barbara Gallagher

703/243-1043

bgallag2@gmail.com



January 17, Thursday - **LUNCH BUNCH meets**. This January meeting of the Arlington Branch AAUW Lunch Bunch will be on Thursday, from 12:40 to 1:20 p.m. at the Arlington Community High School located at 800 S. Walter Reed Drive in Arlington. We will meet in Room 115. The school is directly across the driveway from the Columbia Pike Branch Library.

This year's Lunch Bunch program theme is Finding My Voice.

At this January 17 meeting, the girls will hear from **Mariana Velazquez**, a Counselor at REVIVE, which is part of **Doorways**. This organization promotes personal responsibility and accountability and believes in supporting people to achieve their personal best. Through their words and actions they acknowledge the worth and value of each person.

Lunch Bunch Coordinators,

Michele Milden and **Mary Ann Ullrich**

mbmilden@aol.com maryann.ullrich.va@gmail.com

703-820-7794 703-573-2002

January 22, Tuesday - **LET'S TALK BOOKS Meeting** Our second January meeting will be on the fourth Tuesday, Jan 22 at 2 pm at the home of **Carol Dabbs**, 3335 S Stafford St, 703/379-6840, carol_dabbs@yahoo.com. Our book selection for January is **A Gentleman in Moscow** by **Amor Towles**. Be sure to let your **hostess** know if you will be attending the session at her home.

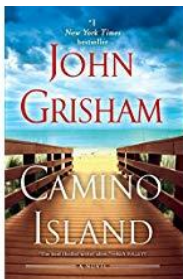
Barbara Gallagher
703/243-1043
bgallag2@gmail.com

February 11, Tuesday - **SNOW DATE for January AAUW MEETING** - If there is snow or other poor weather conditions for the JAN. 14 meeting, this will be held February 11, same place and time. **Karen** and **Evelyn** have said they can present AWE on both dates. We look forward to meeting with them.

February 13, Wednesday - **INTERNATIONAL COFFEE MEETING** will convene at the home of **Liz Klass**. Branch members are welcome to join. Please contact **Priscilla Becker**, JBecker841@aol.com (703-841-0647) for more information



February 20, Wednesday - **LET'S TALK BOOKS Meeting**. This first February meeting will be on Wednesday, Feb 20, at 2pm at the home of **Kathryn Scruggs** 935 N Liberty St., 703-536-9148 kmscruggs0@gmail.com Our book selection for February is **Camino Island** by **John Grisham**.



Be sure to let your **hostess** know if you will be attending the session at her home.

Barbara Gallagher
703/243-1043
bgallag2@gmail.com

February 21, Thursday - **LUNCH BUNCH meets** speaker, **Veronica Goff** who is the Health & Physical Education Teacher at the Arlington Career Center. She will focus on mindfulness practices, like yoga and meditation, which can lead to increased self-awareness and a sense of calm, and help you create space to replace impulsive reactions with thoughtful responses.

Lunch Bunch Coordinators,
Michele Milden and **Mary Ann Ullrich**
mbmilden@aol.com and maryann.ullrich.va@gmail.com
703-820-7794 and 703-573-2002

February 26, Tuesday - **LET'S TALK BOOKS Meeting** at 2 pm at the home of **Priscilla Becker**, 2375 N Vernon St, 703/841-0647, jbecker841@aol.com. Our book selection for February is **Camino Island** by **John Grisham**.

Be sure to let your **hostess** know if you will be attending the session at her home.

Barbara Gallagher
703/243-1043
bgallag2@gmail.com

March 16, Saturday - at 1 pm **AAUW Meeting**. Our program on **March 16** will feature the ERA, the Equal Rights Amendment.

The Virginia legislature will be concluding its business on **March 10**. Whether the ERA is approved or ignored the ERA is an issue that won't go away.

At this meeting, **March 16, Julia Tanner, founder of the Virginia ERA** will be with us to help us learn the next steps being taken to achieve national passage of the ERA.
(more information coming)

April 6, Saturday - **AAUW VIRGINIA STATE CONFERENCE**



*Come to the Roanoke
Valley!*

AAUW of Virginia State Conference

Saturday, April 6, 2019

With activities Friday, April 5, 2019

Roanoke Valley

At the Vinton War Memorial, Vinton, VA

HERE'S SOME NEWS FROM DECEMBER, 2018

December 15th, Saturday - December Holiday Luncheon Summary

We had a great luncheon on Saturday, at the Career Center with about 26 folks coming together to celebrate the holidays, enjoy the lunch prepared by the (All-Girl) students in the Culinary Arts program and hear important information from **Ebony Avery-Washington** from **AAUW's Legal Advocacy Fund**. **Ebony** described the work of the Legal Advocacy Fund (LAF) addressing a wide range of gender-equity issues. She highlighted a number of issues taken on by LAF on issues such as pay equity and Title IX. She also urged us all to go to the National AAUW site and sign up for LAF Express to stay apprised of our legal advocacy efforts and the cases we currently support.

submitted by **Meg Tuccillo**

December 20, Thursday - **LUNCH BUNCH**. Many thanks to **our December 20, 2018** guest speaker, **Jessica Frank, Past President of Arlington Toastmasters**, whose mission statement is:

We empower individuals to become more effective communicators and leaders.

She reviewed the basics of giving a talk--good posture, make eye contact, have an organized talk, and make a topic interesting.

We would like to wish our Lunch Bunch Volunteers Happy Holidays and a Wonderful New Year!



Lunch Bunch Coordinators,

Michele Milden and **Mary Ann Ullrich**

mbmilden@aol.com maryann.ullrich.va@gmail.com

703-820-7794 703-573-2002

AND HERE'S OUR CO-PRESIDENTS MESSAGE

Happy New Year to you all! Carol and I hope you have all enjoyed some family time over the holidays and are now ready to jump into 2019!!

We had a busy few months at the end of 2018 that may set the stage for some interesting opportunities for our branch.

In **November**, I had a productive meeting with **Dr. Irma Becerra**, the President of Marymount and **Dr. Linda McMurdock**, VP for Student Affairs, regarding their interest in holding **Start Smart seminars** at Marymount to help their students be prepared for pay negotiations. Both **Dr. Becerra** and **Dr. McMurdock** are very enthusiastic about the possibilities and I have contacted AAUW's National office to follow up on details. We also discussed opportunities for our branch to partner with Marymount through mentoring and specifically supporting some of the young women who are adjusting to being far from home. We would like to explore this relationship further and would like a small committee to come together and develop some possibilities. **Let me know if you would be interested in being part of this group!**

We also co-sponsored a Pro-ERA Rally with the League of Women Voters in **November** and are hopeful that Virginia will become the 39th state to ratify the Equal Rights Amendment. AAUW will be in Richmond on Wednesday, **January 16th** to distribute printed and bound copies of "Unfinished Business" to all delegates and senators. More information on the ERA can be found in the letter from Susan Burk.

We plan to have ERA as our topic for our branch's annual meeting in March **Julia Tanner, founder of the Virginia ERA** will be with us (more details to come).

As you can see, there are a number of issues for our branch to become engaged in over the coming months that will have an important impact on women in our community, our state and our country!

We need each of our members to step up and contribute to the efforts to bring about needed change to ensure equality for all women.

Hmm, that might be a good New Year's resolution to consider!!

Your co-Presidents

Meg Tuccillo and Carol Dabbs

How to Donate to AAUW and Its Programs

At this time, prompted by the end of our tax year, many of us make contributions to AAUW. Donations may be made online or by check. Caution: AAUW Arlington Branch is NOT a 501c3, so donations to our branch are not, repeat not, deductible as charitable contributions for federal or Virginia income tax purposes. But AAUW national is a 501c3, so donations to AAUW itself are deductible.

To donate online, go to <https://ww2.aauw.org/donate-gift-new/>.

With the new strategic plan, AAUW is encouraging us to donate to either the Greatest Needs Fund, or to Funds dedicated to one of the 4 major strategies, as follow:

AAUW Program Names and Fund Numbers

9110 – The AAUW Greatest Needs Fund, formerly called the AAUW Fund, gives AAUW the mobility to rapidly respond to new and emerging challenges or opportunities facing women and girls.

4449 –Economic Security Fund ensures livelihoods for women through achieving pay equity for women, providing training in salary negotiation, and deepening women’s retirement security and quality of life.

4450 –Education and Training Fund addresses the barriers and implicit biases that hinder advancement of women by championing equal access to education and ensuring that education at every level is free from sex discrimination.

4452 –Leadership Fund supports the effort to close the gender gap in leadership opportunities by bolstering the participation of and increasing the number of girls and women in leadership roles, particularly in education and nonprofit organizations.

4451 –Governance and Sustainability Fund ensures the strength, relevance, and viability of AAUW into the future by implementing best practices in organizational functioning and inclusion and by diversifying revenue.

For example, if you want to contribute to the Legal Advocacy Fund, you can give to the Economic Security Fund, 4449, from which it is funded.

To donate by check, make the check out to AAUW (NOT AAUW Arlington) and mail it to: AAUW, 1310 L St NW, Suite 1000, Washington, DC. 20005.

One exception is the scholarship fund for **NCCWSL** (National Collegiate Conference for Women Student Leaders). At our annual meeting in March this year, we learned about NCCWSL, a major program of AAUW. Some of us expressed interest in providing support for the NCCWSL Scholarship Fund which funds attendance by deserving college women who want to learn and develop leadership skills. It takes about \$600 to cover each student who receives a scholarship.

You may donate online at:

<https://ww2.aauw.org/donate-gift-new/?treatment=AAUW2504-STRATEGIC>.

Or you may donate by check. Write the check to AAUW (NOT AAUW Arlington) and specify fund #2504, NCCWSL scholarships. Mail it to the address above.

--**Carol Dabbs**, Co-President

AUW Arlington, Virginia Branch Officers, 2018-19

Co-Presidents: **Carol Dabbs, 2017-19**
Meg Tuccillo, 2017-19

Co First Vice Presidents for Program:
Susan Nelson, 2017-19
Mary Beth Pelosky, 2017-19

Second Vice President for Membership:
Susan Senn, 2017-19

Secretary: **Terry Bratt, 2017-19**

Treasurer: **Chris White, 2018-20**

Assistant Treasurer: **Susan Senn, 2017-19**

AAUW Funds Officer: **Vacant**

Public Policy Officer: **Sara Anderson, 2017-19**

Note from the Editor

Any articles for publication should be emailed to Editor, **Cece Michelotti** using: cecemich@gmail.com with the SUBJECT line: Newsletter by February 15, 2019

Thanks to each person who has submitted pieces in the past. Your care in writing and promptness in sending are greatly appreciated.
C.M.

Mission of AAUW-
Advancing equity for women and girls through advocacy, education, philanthropy and research.

In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Our Branch website:
<http://arlington-va.aauw.net/>